# A New Walk Down an Old Path

## **Dragon Tradition Wicca**

3rd Edition

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Church of Magick

www.ChurchOfMagick.com www.DragonTradition.com

#### A New Walk Down an Old Path Dragon Tradition Wicca

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Dedicated to all who value religious freedom.

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#### 3rd Edition

It was a dark and stormy night, the air brisk and damp. A light glowed from inside the entrance to a cave. A large figure could be seen moving inside, rustling about, as if rushing to prepare for something. Slowly the figure immerged from the cave and said...

## "Hello, I'm Simon Craft, Welcome to the third edition of 'A New Walk Down an Old Path".

The changes in this edition are primarily a clean up from the second edition, clarification of some of the language, and a few additional details based on reader comments.

I can't tell you how pleased I am to be releasing this. I don't think any of us involved ever really expected Dragon Tradition to make a significant impact. Yet, not only has it survived the first year, it is flourishing.

My heartfelt thanks go out to all who have, are, and will be, contributing in this effort.

Best Wishes,

Simon Craft

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## Blessing

In the flowing currents of religious belief, there are many tributaries and many boats.

Our desire is to be in our own vessel, with people of a like or similar mind,

And so it will be.

- Shawcaw and Jair July 2002 8 - A New Walk Down an Old Path

### **Preface**

Dragon Tradition was created to fill the need for a Wiccan tradition that fits the spirit and encourages eclectic choice without losing touch with the spirit of Wicca. It was named Dragon Tradition because it is a new tradition with an attitude of strength, honor, and self-determination.

You will find that Dragon Tradition is not buried in strict archaic rules or swimming in medieval mumbo-jumbo. Dragon Tradition embraces nature and magick in a way that is truly Wiccan and yet is flexible and clearly defined.

Dragon Tradition teaches how to be eclectic in beliefs and ritual practice while maintaining the true spirit of Wicca. In breaking from the norm of traditions with their strict circle work and degree hierarchy, we bridge the gap between traditional and eclectic practice.

Church of Magick serves as the central organization for Dragon Tradition Wicca and provides the support of a legally recognized Wiccan church. Dragon Tradition clergy are ordained by Church of Magick, an affiliate of Wiccan Clergy Association.

We believe it is time for Wiccan traditions to become organized and speak for themselves, rather than allow the confused all-inclusive voice of Wicca to speak for them.

Long live the Dragon!

- Simon Craft

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#### Introduction

There are two likely possibilities as to why you are reading this book. You may be new to Wicca looking for a place to start, or you may be experienced in Wicca and interested in learning about our tradition. In either case, we thank-you for your interest in Dragon Tradition.

For those new to Wicca, please understand that this book does not teach Wicca. It teaches the concepts unique to Dragon Tradition and how they relate to Wicca. You are welcome to read and learn from this book, however we encourage you to learn the basics of Wiccan practice and theology before deciding on a tradition.

For those experienced in Wicca, you will likely find that Dragon Tradition is an uncommon mix of the new (eclectic practice) with the old (traditional practice). To explain the mix of new and old, I will review a bit of the history regarding Wicca...

From the 1950s to 1970s, all students of Wicca were trained in the specific tradition (denomination) of their coven prior to reaching initiation. This training required serious study. While the growth of Wicca in this era was small compared to today, what it meant to be a Wiccan was very clear.

In the 1980s and beyond, this changed. Wicca gradually became seen as part of the New Age movement. Books teaching new age styled Wicca became popular causing a shift away from coven practice and formal training. While this era was a boom for the number of people practicing Wicca, it began the dilution of what it means to be a Wiccan. The 'traditions' of Wicca were being replaced by the gross commercialization of New Age.

In the last ten years the dilution of Wicca has gotten steadily worse with the new-agey "Wicca is whatever I want it to be" dabblers, their Indian spirit guides, Asian philosophy and fat-free yogurt. Even more recently marks the arrival of the Goth dabblers who treat the practice of Wicca as some kind of fashion statement rather than a serious religion.

There are now more people practicing Wicca then ever before, but what it means to be a Wiccan is being lost. Is Wicca doomed to oblivion by its own success? No. There is an answer, the return to traditional practice.

I am not suggesting that everyone charge back to strict coven practice. It is possible to be eclectic and be Wiccan. That is what Dragon Tradition teaches, being eclectic without losing touch with the spirit of Wicca.

Dragon Tradition is not for everyone, nor do we pretend that it is the only path. You decide what is right for you. If you like the fit of Dragon Tradition, that is awesome! If not, you will not hurt our feelings and this is not a popularity contest.

## The Dragon's Rede

- I recognize nature as sacred and magickal;
- I am a part of nature, not master over it;
- I regard the divine as both feminine and masculine;
- I respect my natural magickal abilities;
- I strive to avoid causing harm for others;
- I accept responsibility for my actions.

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## **Dragon Tradition Explained**

The doctrine of Dragon Tradition serves as a standardized expression of our beliefs. It is not written to change you to fit our beliefs. It is written so you can understand our beliefs and determine if they fit you.

This book is Dragon Tradition's Book of Shadows. It is quite unlike most because the emphasis is not on laws and ritual formalities. The emphasis is on understanding the process of eclectic Wiccan belief as well as magickal theory and the relationship between magick and Wiccan practice.

The doctrine of Dragon Tradition includes four books: Foundations, Beliefs, Ethics, and Worship. Each of the books, as the names imply, is based on a central topic. In the next several chapters, the beliefs specific to Dragon Tradition are explained.

We realize that many people coming to Dragon Tradition are already practicing Wicca. Please do not take insult from the book covering topics with which you are already familiar. There will be many seeing this material for the first time.

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## Religions, Gods and Goddesses

If science could provide proven explanations for everything, then there would be no need for religion. We would know how life was created. We would fully understand what our role is in the Universe. There would be no questions left unanswered.

Frankly, we humans are a long way off from that level of understanding and there are still many things not explained by science. This leaves our world in terrible order. Our egos cannot cope with the lack of explanations. We need explanations.

What do we do when we need an explanation for something that science cannot explain? We guess!

People attach <u>unproven</u> explanations to things that cannot otherwise be explained. We call these unproven explanations our beliefs.

Not all that long ago, people did not understand why the sun would rise in the morning, travel across the sky, and set in the evening. So why did the sun rise? It was magickal! <u>Magick is the realm of religion.</u>

#### Foundations Chapter I

#### I. Beliefs

- a. People have a basic need to understand the world around them.
- b. People fit unproven explanations to things that cannot otherwise be explained.
- c. People call these unproven explanations their beliefs.
- d. People call their collection of beliefs their religion.

The last line is very significant! Take a look. People call their collection of beliefs their religion. Gods do not create religions. People create religions.

It is true that most people do not write their own religions. Most adopt the religion of their family and do a little personal modification to the beliefs, but in general, it is the same religion. Still the religion had to start somewhere.

In some cases it starts as a mix of stories and legends added to over generations that builds into a religion. In some cases, a person is inspired to create a new religion or to modify an existing religion to a new form.

#### What about the Gods and Goddesses?

Many beliefs are based on people crediting magickal things to magickal beings called Gods and Goddesses. Gods and Goddesses are very useful in explaining things.

A religion cannot explain something happening unless it provides a magickal being who makes things happen. In the Greek religion, the sun chariot did not just fly across the sky on its own; it was driven by Apollo. The magickal beings of religions are called Gods and Goddesses.

How does the sun rise? A God does it. Why do crops grow? A Goddess wants them to. I am sure you get the idea.

Then comes the question of what does a God look like and where do they exist. Without knowing the nature of existence of the Gods, visualization of them is difficult.

To satisfy our need to relate with Gods on a personal level, people personify Gods as humanlike, animal-like or a mix of human and animal.

#### Foundations Chapter II

#### II. Gods and Goddesses

- a. People credit unexplainable events to magickal beings called Gods and Goddesses.
- b. People personify Gods and Goddesses as human or animal because it makes them easier to relate to.

Okay, I bet you are thinking that I am wasting my time explaining this in such a way that even a second grader could grasp it... right? I wish that were true.

Yes, it is all common sense. Yes, it would be obvious to a second grader. However, to this day many people are so misled by their religious teachers that they cannot see that which you and I see as being completely obvious.

One thing that comes up all the time is somebody who insists they have found the "one true God". An eclectic with a clue knows not to believe it.

To explain this better, we will use two made-up religions, the Beebees and the Booboos. The Beebees believe in a God that they consider as the one true God and that all other Gods are false. The Booboos also believe in a God that they too consider as the one true God and that all other Gods are false. The Beebee God and the Booboo God are completely different. Each religion has a full set of doctrine that contradicts the other in many areas.

Can they both be correct? No. Based on logic alone, at the most one is correct and the other one is not.

From the perspective of Dragon Tradition, both have faulty logic in that there is no such thing as a true God that excludes all others. Gods are based on belief. Beliefs are by definition unproven. Until such a time that science can

prove the existence of a God, then <u>all Gods are based on</u> belief alone.

#### Foundations Chapter III

#### III. Your Gods and Goddesses

- a. Religious truth is a contradiction. A religion is a collection of beliefs. Beliefs by definition are unproven and are not truths.
- b. Religious truth is personal. What a person believes is true to him or her.
- c. The Gods a person chooses to believe in are his or her Gods. They are true to that person and no less true than any others.

Dragon Tradition doctrine respects that people develop their own understandings and relationships with their Gods. Our doctrine regarding Gods is flexible, allowing plenty of room for eclectic personalization.

In Wicca, the two primary deities are The Goddess and The God; therefore, the minimum in Dragon Tradition is the acknowledgement of The Goddess and The God.

A common minimal understanding of The Goddess and The God is the personifications of the collectives of life (The Goddess), and the Universe (The God). In this understanding, it is The Goddess who brings and nurtures life and is the connection between all things alive. It is The God who is the provider for and protector of life.

It is understood that the minimal definition will not be a good fit for many people because they feel a more personal relationship with The Goddess and The God. Placing more emphasis and personality on The Goddess and God is equally acceptable.

Dragon Tradition does not stop at the belief of the unnamed Gods. Unlike other Wiccan traditions, we do not teach the

concept of "all Gods are aspects of one God" because we feel it contradicts the ancient Pagan beliefs in multiple Gods. Dragon Tradition doctrine encourages everyone to find their own personal relationship with the Gods and Goddesses that they relate to.

#### Foundations Chapter IV

#### IV. Other Gods

a. The existence of The Goddess and The God does not exclude other Gods.b. The Gods a person believes in are true to them.

Sharing ritual with people who relate with different Gods may take some getting used to. Keep in mind there is common ground. If you happen to relate with Dana and Daghda, you may find yourself hand in hand with someone who relates to Hathor and Ra. Life is still life; Nature is still nature.

#### **Summary**

A religion is a collection of beliefs about things that have no proven explanations.

Beliefs are created because we need explanations and no proven explanations exist.

A God is a magickal being credited with magickal actions.

The Gods a person chooses to believe in are true to that person and no less true than any others.

The minimum in Dragon Tradition is an acknowledgement of The Goddess and The God.

You are not limited to the minimum level. What you believe about The Goddess and The God and how you relate with them is your choice and is perfectly acceptable. Dragon Tradition does not teach that "all Gods are aspects of one God" because it contradicts the ancient Pagan beliefs in multiple Gods.

## Being Part of Nature

Wiccan theology at its deepest level is very much tied to nature. In general, Wiccans do not see nature as a result of divine creation but rather as a real world manifestation of the living magickal divinity itself. Wiccans see themselves as part of nature, and hence part of the magickal divinity.

Dragon Tradition teaches that through an understanding of nature, we develop a better understanding of ourselves and our role in the Universe. To learn about nature is to learn about ourselves because we are a part of nature.

While Dragon Tradition does not teach any theory on creation, there are patterns that indicate a created or developed design in nature. These patterns are nature's way of doing things, they are nature's design. It appears that the objective of nature's design is to have nature sustain itself indefinitely.

#### Beliefs Chapter VI

#### VI. Nature

- a. Nature has its own design needed to sustain itself.
- b. One of nature's designs is the cycle of life, which sustains the existence of life. c. Mankind's role is to function as a part of nature and to not imbalance it so that nature can be sustained.

#### Nature's Cycles

Nature is an endless blend of cycles. If there were to be one symbol representing nature it would be the circle. Being in touch with the cycles of nature provides a better understanding of nature, and hence ourselves.

Life is a cycle. The cycle of life is a perpetual process where each new generation unfolds, grows, learns and eventually yields to the young who continue the cycle.

In Wicca, the cycle of The Goddess is described in terms of the moon, the symbol of The Goddess. The new moon is death and the time before life. The waxing moon is the maiden, a time of play, growth, and learning. The full moon is the mother, a time of adulthood during which one brings and nurtures children. The waning moon is the crone, a time of wisdom and reflection eventually leading to death.

The Wiccan wheel of the year is also symbolic of the same cycle and usually applied in terms of The God. The changing cycle of the seasons represents birth, life, death, and rebirth.

#### The Role of Humans in Nature

To sustain themselves animals function as a part of nature and avoid imbalancing it. As a student of nature, we see that mankind's role is no different than any other animal, to sustain our own existence without imbalancing nature.

#### Nature and Food

All things alive need to eat. It is natural. Nature supplies food to animals in the form of the physical bodies of other life. There is a limit to how much food is available naturally in a given area. When an animal's population outgrows its food supply, it either leaves the area looking for more natural food or the population is reduced by starvation.

#### **Humans and Food**

Humans have learned to work the land making it ripe for plants. We have learned to enslave plants for food by growing them in worked land. We have learned to enslave animals and kill them for food. With an artificially increased food supply mankind is able to increase population without starvation or the need for migration.

Humans are the only animals to artificially increase the food supply. I am not suggesting that everyone should drop modern agriculture and go back to being the hunter-gatherer of old. What I am suggesting is that you be aware that Wicca is a religion of nature, and how we treat nature is of huge significance to the religion.

Ask yourself how you feel about the following:

- By artificially increasing the food supply man is imbalancing nature.
- The increased population of humans is displacing and destroying nature, and it is dangerous to imbalance or destroy something on which one is so completely dependent for continued existence.
- It took the first 1800 years of the Common Era for human population to grow from 250 million to 1 billion.
- Human population grew from 5 billion to 6 billion in only 13 years.
- Human population grew more between 1987 and 2000, than it did from 1 to 1800.

#### Summary

Wiccan theology at its deepest level is very much tied to nature.

Nature is an endless blend of cycles. The cycle of The Goddess is described in terms of the moon. The cycle of The God is described in terms of the sun.

Dragon Tradition teaches that through an understanding of nature, we develop a better understanding of ourselves and our role in the Universe.

The role of mankind is to sustain our own existence without imbalancing nature.

Mankind is imbalancing nature, and it is dangerous to imbalance or destroy something on which one is so completely dependent for continued existence.

## Life Spirits and Magickal Abilities

Wiccan traditions are divided regarding the theories behind magickal practice. Some place heavy importance on calling on The Goddess and/or The God to make the magick work. Others see the practitioner as the source of the magick. Dragon Tradition's integration of magick is a combination of both of these theories.

The very center of Dragon Tradition's belief on Magick is the life spirit. Everything alive has one. We see them as a gift from, or a part of, The Goddess. They are the spiritual part of all of us, our little piece of the giant spirit of nature.

#### **Beliefs Chapter I**

#### I. Life Spirits

- a. Everything of life has an individual spirit.
- b. Spirits are magickal and interconnected.
- c. Spirits have wisdom and skills of the physical world and the magickal world of nature.

Life spirits are definitely magickal in that they are far beyond human comprehension and scientific understanding. The best explanation from science is that we are simply organic machines with no spirit whatsoever. "So much for science having all the answers; I am more than a machine."

The belief that life spirits are interconnected is based on the observation that things that are alive have the ability to communicate with each other on a spiritual level. People who are empathic, telepathic, or psychic have learned to tap into this communication.

Other animals also appear to have this ability. Watch a flock of birds flying in tight formation moving as if there was one mind controlling the group and you will see an example. Another example is when you are having a bad day and you flop on the bed feeling rather glum; soon you may have a cat or other personal animal friend practically glued to you.

The belief that life spirits have wisdom and skills of the physical world and the magickal world of nature is based on the concept that life spirits are a part of magickal nature itself. It is only natural to conclude that a magickal spirit would have magickal abilities.

Magickal abilities are not supernatural; they are in fact very natural. Most animals show significant psychical abilities. Did my cat have a secret pact selling his soul in exchange for these abilities? No, the thought is absurd, but yet he does have the abilities. Magickal abilities are a natural part of who and what we are as people.

Magickal ability is not something that needs to be acquired. The abilities are there. In most cases, they are simply dormant from lack of use. In others, they are functional but their existence is ignored.

Most people do not practice the magickal skills of their life spirit, yet in many cases the skills leak out. If you watch people, you will see examples of this.

I have a coworker who, without any training or practice, shows significant natural talent as both an empath and telepath. Trust me, this coworker is far from being spiritually enlightened, but the skills are nothing short of amazing.

Most magickal abilities fall into three categories. Psychical magick is communication done through the spiritual connection with other life. Energy magick is the act of manipulating natural magickal energy to affect change. Deity magick is the act of requesting a result while in a psychical connection with divinity through prayer, meditation, or ritual.

#### **Beliefs Chapter II**

#### II. People's Magickal Abilities

- a. People are magickal beings with magickal abilities.
- b. Many people have lost touch with their magickal abilities because they ignore the existence of such abilities.
- c. A person's mind can use the connection of his or her spirit to communicate with others psychically.
- d. A person's mind can use the skills of his or her spirit with a source of energy to interact with life and nature in a non-physical way which is called doing magick. e. A person's mind can use the connection of his or her spirit to petition Gods to do or assist with magick.

#### Learning to do Magick

Dragon Tradition does not teach you how to do magick. It will teach you how to <u>train yourself</u> to do magick. Once learned, you should have no trouble adapting it to anything from candle magick to complex ritual.

The relationship between the mind and spirit is very significant in working magick. A person's mind is his or her talking/thinking self. It is the decision-maker. A person's life spirit operates independently of his or her mind.

In Dragon Tradition, the essential part of learning to do magick is teaching your talking/thinking self (your mind) how to communicate with your spirit. Why? Because the spirit is the source of magickal abilities.

It would be easy to do magick if the spirit related to words, because the mind is used to expressing itself in words. Unfortunately, the spirit does not relate well to words. To communicate with one's spirit, one uses images, patterns, and sounds.

#### **Beliefs Chapter III**

#### III. Magick

- a. A person's life spirit is the source of magickal abilities.
- b. Learning magick is teaching your mind to communicate with your spirit.
- c. The spirit can also teach the mind about magick through intuition.
- d. Life spirits relate to images, patterns, and sounds.
- e. Tools provide the spirit with images.
- f. Rituals provide the spirit with patterns.
- g. Music provides the spirit with sounds.

Images, patterns, and sounds serve as queues for the spirit. The spirit sees through your eyes and hears through your ears. The spirit needs to be trained as to what the images, patterns and sounds mean and how it should respond. The training is done by visualization before working the magick, and through repeated magickal practice.

#### Visualization Training

Visualization training is a very effective way to teach your spirit what the communications mean. Let us use training for candle magick as an example. Before working candle magick, visualize in your mind that you are going through each of the steps. You create a magickal space, cleanse the candle, charge the candle with its task, light the candle, and allow it to burn with the energy streaming out and the task fulfilled. By training yourself ahead of time with visualization, when the time comes to work the candle magick, it should feel natural and be effective.

#### **Images**

Images and symbols are a powerful way to communicate with the spirit. Magickal tools are an excellent example of the use of images when communicating with the spirit.

The normal magickal tool for casting a circle is an athame. After repeated training, the spirit sees the athame and knows that this is a tool for directing energy. The reality is that you could also cast a circle with a plastic drinking straw, providing your spirit knew (and accepted) that this was the desired use for the straw.

Once learned, symbols are also effective as images to communicate with the spirit. They are quickly identified and produce the desired result. Take this symbol for example...♥ What does it mean to you, love perhaps? Inscribed on a candle tasked with sending loving energy this symbol is then easily understood by your spirit.

#### **Patterns**

Patterns are just a series of images or actions in a natural progression. Rituals themselves are patterns that the spirit learns. Many magickal procedures are patterns as well.

I have a procedure that I use as a method of producing an energy ball. It looks a bit silly, but it works and I find that others can learn it quickly.

I rub my hands against each other quickly with my palms together. After about four seconds, I pull my hands apart to shoulder width then gradually move them closer together until I find the edge of the energy ball. I visualize the sphere of energy at that size and then run my hands around it to give it substance.

Do I need such a procedure to raise a ball? I doubt it, but my spirit knows the pattern and I use it because it works.

#### Sounds

Sound can be a very effective way to communicate with the spirit. Sound can be used as an aid to create magickal space, as an aid to raising energy or as an indication of a task at hand.

Sounds need not be pre-recorded to be used in magick; in fact, the sounds you make can be even more effective. The deliberate intonation of words is used heavily in ceremonial magick. The use of hand drumming is also quite common in some magickal systems.

One use of sound is to train one's spirit to prepare for a task based on the music playing. For example, I have music that I use if I need my psychic abilities to touch over long distance. When my astral psychic music plays, my spirit remembers the music and relates to hearing it in the past. It is almost like a switch flipping on inside of me as it enters a mode where I can relax and stretch the psychic touch out through space.

#### **Learning From The Spirit**

Our emphasis is on teaching the spirit to identify with the images, patterns and sounds and what actions to take. This is not to say that teaching one's spirit a magick system is the only way to learn to do magick. If a person's spirit has its own way of doing magick, listening to it through intuition and learning from it is an excellent way of learning magick.

#### **Magick Systems**

A magickal procedure is the combination of steps used in doing magick. The candle magick ritual that I described earlier and my technique for raising an energy ball are both procedures.

A magickal association is the relationship between a magickal tool and its results. For example, a wand is associated with directing energy, and a blue lace agate is associated with healing

A magick system is a collection of magickal procedures and associations. Both procedures and associations serve as patterns for the spirit to identify and respond to. There are many magick systems. In fact, with personalization, each person uses his or her own magick system.

#### **Beliefs Chapter IV**

#### IV. Magick Systems

- a. Magick systems are composed of procedures and associations.
- b. The procedures of a magick system relate certain actions with specific goals.
- c. The associations of a magick system relate specific objects with specific goals.

#### Results of Magick

The results of magick range from:

- 1) "Perfect, exactly what I wanted!", to
- 2)"Oops, that's not quite what I wanted", to
- 3)"Hmmm, nothing? That's odd".

I find the first two are the most common. It is relatively unusual to have a work of magick not impel some sort of result. Based on my experience, achieving the desired result is more common than having the magick misfire, but not by a very large margin.

#### Beliefs Chapter V

#### V. Magick and Results

- a. Magick is not an exact science.
- b. The results of magick can be unpredictable.
- c. Two instances of magick done exactly the same way can have amazing results one time and little result the next.

There are two schools of thought regarding working magick and its effectiveness. I call them precisionists and generalists.

A precisionist seeks a very precise goal and his or her working of magick reflects this. Details of the desired outcome are precisely laid out. A generalist on the other hand paints with a wide brush leaving the details to fall where they will.

Of the two schools, I cannot say that either of them is more effective. Impelling nature to bend with fine detail seems to be asking a lot of our spirit's skill. On the other hand, impelling nature to bend without detail may be too vague or have unpredictable side effects.

#### Magick & Energy

In most types of working magick, energy is essential. With no energy to expend or utilize, there would be no magick.

People have energy at all times; it is needed to live. In some cases, magick is done with a person's own energy. This is handy because you can tap your personal energy to do magick quickly. In more advanced magick, other energy sources can be used.

There are three ways to increase your personal energy: rest, raising energy, and drawing energy.

The first is the natural process of rest and recuperation. Getting enough rest is vital. Rest is the slowest method of replenishing energy.

The second way is to do what is called "raising energy" by encouraging your body to raise its own energy level. Techniques include chanting, singing, listening to music, or physical activity like running, dancing or even sex. Please keep in mind that raising energy is like borrowing money on a credit card. When you are exhausted it is no longer effective and rest, usually a lot of it, is required.

The third way is to do what is called "drawing energy". It is literally tapping into a source of energy and pulling it to you. Anything that has energy can be drawn from. Yes, it is possible to draw energy from other people; Dragon Tradition does not approve of doing so without permission.

#### Vibrational Life Energy

In addition to the obvious forms of energy, there appears to

be a form of life energy present in all things, even those which are not typically thought to be alive, stones for example. With a simple exercise in stone sensitivity, even those with no psychic training can easily sense the presence of vibrational life energy in stones.

Dragon Tradition's theory on vibrational life energy is that matter is of nature, and all of nature carries with it the life energy of nature itself. This is sometimes attributed to alignment with one of the four elements.

#### **Deity Magick**

In addition to psychical magick (done via your spiritual connection with others) and energy magick (the direction or manipulation of natural energies), there is yet another form of magick called deity magick.

When you pray or meditate you have a link to a source of magick. When in prayer or meditation, ask the Goddess or God with whom you are connected to provide an action that will cause the desired reaction that is the goal of the magick.

#### **Summary**

Everything of life has an individual spirit that is magickal and interconnected with other life spirits.

Spirits have wisdom and skills of the physical world and the magickal world of nature.

A person's spirit and his or her mind are two separate parts.

People naturally have magickal abilities. A person's life spirit is the key to these abilities.

Learning magick is teaching your mind to communicate with your spirit because the spirit is the source of the magickal abilities.

A magick system is a collection of procedures and associations used to do magick.

Doing magick is not an exact science. The results can be unpredictable.

Energy is essential in working most types of magick.

Energy can be increased by rest, raising energy, or drawing energy.

Vibrational life energy is roughly defined as a form of life energy within matter.

Prayer or meditation provides a link to deity magick.

# Ethics and Responsibility

The Wiccan Rede "Do as thee will, an harm thee none" serves as the basis for Wiccan ethics. The law of threefold return "That which goes out into the world returns to the sender threefold" represents responsibility to a Wiccan.

Dragon Tradition takes this a step farther in the form of a simple guide as to how a person can weigh his or her actions ethically. We ourselves determine what we think is ethical and in doing so create our own set of ethical standards.

# **Ethics Chapter I**

#### I. Ethics

- a. Every person is ultimately responsible for his or her actions.
- b. Ethics are a person's standards regarding conduct.
- c. Respect is to feel or show deferential regard for another.
- d. The balance of freedom and respect for others is the basis for determining personal ethics.

Dragon Tradition does not set the ethical standards for practitioners. In choosing where our personal freedom ends and the respect for another begins, we set our own ethical standards.

# Magick & Ethics

There is a common phrase; "Are you a good witch or a bad witch?" The concepts of good and evil do not apply to magick in itself. The same skills are used in either helpful or harmful magick. However, the use of magick is not without ethical implications. The ethical use of magick requires careful consideration for anything and anyone that the use of magick may touch.

# **Ethics Chapter II**

# II. Ethics and Magick

- a. Magick in itself is neither good nor evil.
- b. Doing magick is an action.
- c. Actions can have widespread results both direct and indirect.
- d. People should do magick with respect to anything that the magick may touch.

# The Ethics Trap

Often the new practitioners of magick fall into an ethics trap as they develop their skills. The hard part is not how to do magick, but learning what magick to do and when to do it. In the honest and well-intentioned eagerness of being able to help others often they perform healing, money or love attraction spells for unsuspecting friends.

Why not do magick for someone without telling him or her? The first reason is respect for his or her choices, or more correctly, his or her right to choose. In doing magick for someone without his or her knowledge, the person never has the opportunity to say no. The practitioner has taken away the right to choose.

# Responsibility

In some religions the responsibility of a person's life is shifted from the person to the divine. This can actually be counterproductive because it discourages a person from taking responsibility for his or her own life and actions.

Dragon Tradition's interpretation of the Law of Threefold Return heavily stresses personal responsibility. There is no place in Wicca for passing off blame on others. The responsibility of one's actions falls squarely on the shoulders of the person taking the action.

Dragon Tradition teaches that we should accept primary responsibility for our own lives and take action to see that

our lives are what we would like them to be. This is not saying that all things shaping our lives are in our control, however the responsibility is still our own.

# **Ethics Chapter III**

# III. Ethics and Responsibility

- a. Every person is ultimately responsible for his or her actions.
- b. A person's actions affect the world that he or she lives in and in turn affect the person's life.
- c. A person is primarily responsible for his or her quality of life.

#### Summary

The balance of freedom and respect for others is the basis for determining personal ethics.

People should do magick with respect to anything that the magick may touch.

A person is solely responsible for his or her own actions.

A person is primarily responsible for his or her quality of life.

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# Worship

In many Wiccan traditions, ritual in circle is extremely formal with a High Priestess leading ritual and doing the majority of the ceremony herself. Dragon Tradition places much more emphasis on the individual, in fact Dragon Tradition covens do not even have a High Priestess.

Dragon Tradition coven rituals are overseen by a person known as the Watcher. It is their job to see that the agenda for ritual is being met, and to keep things moving smoothly. Tolerance and diplomacy while keeping circle moving smoothly is the cornerstone of being an effective Watcher.

Let me stress this again, for some of you are on your way to being a Watcher...

Tolerance and diplomacy while keeping circle moving smoothly is the cornerstone of being an effective Watcher.

This is not always easy to achieve, but it goes with the job of being a Watcher. There is no place in Dragon Tradition for intolerant or undiplomatic iron fisted leadership. The circle is a spiritual family and Watcher is sort of like the Mom.

For simplicity in writing, when I refer to the Watcher I mean the coven's Watcher or whoever is serving as the Watcher for the ritual. Some covens prefer to share the duty of Watcher among them.

We have two strict rules that every coven <u>must</u> follow during every ritual.

# Rule #I. There are no rules. Rule #II. See rule #I.

Dragon Tradition's Book of Worship is very flexible, both for the coven itself and for the individual practitioners. It serves as a general outline of the agenda for group ritual. It is up to the individuals in the coven to determine their own techniques in participating.

As the coven arrives they may enter the space, or the coven may decide to have everyone wait outside until after cleansing and blessing if preferred.

The creation of magickal space is done by the Watcher or by an appointed helper. Cleansing and blessing of the space can be done as desired.

# Worship Chapter I

I. Creation of Magickal Space a. Cleansing of the space. b. Blessing of the space.

The Watcher welcomes the quarters while lighting the quarter candles. The Watcher lights The Goddess and God candles on the altar and welcomes them.

From there each member may evoke and welcome his or her personal Gods (including candles) and call/align with the quarters as well.

The Watcher should allow plenty of time for this. It is not unusual to end up with several candles burning on the altar, and having quarters called or aligned with several times each.

While this may sound chaotic to a person from a background with formal circle, it is actually quite effective. The results combine and produce a superbly cast and highly charged circle.

Note: Anyone who drove a Yugo to circle is required to stand on their head for the duration of the ritual, or at least until their face turns purple.

# Worship Chapter II

# II. The Magickal Ones

- a. Welcome the quarters.
- b. Welcome The Goddess and The God.
- d. Welcome the personal Gods and Goddesses.

Next is the time when the coven aligns with the Sabbat (if any). Traditions are remembered, reenacted, or honored. If it is not a Sabbat ritual, this is skipped.

In many covens, a member volunteers, usually far in advance, to provide a group activity to align with the Sabbat. Of course, this varies depending on the Sabbat and your coven's practice of traditions, but it can include music, dance, ritual, or even something like a reading of an appropriate poem.

# **Worship Chapter III**

#### III. The Moment

- a. Align with the moment.
- b. Remember the tradition.

Any coven member who has a personal need or PERMISSION from another to help with a need should bring the need to the Watcher before ritual.

If a need exists, at this time the Watcher will ask for the magickal help of the coven. This can be elaborate or very simple. It should end with the Watcher thanking the coven for the help.

Note: It is appropriate for the Watcher to ask, not assume that the coven's members will help. It is acceptable if a coven member does not participate in the circle magick. When asking for help, "no" is an acceptable answer. If no is not acceptable, then it is not really asking for help, it is demanding.

# Worship Chapter IV

# IV. Circle Magick

- a. Call for help by the Watcher.
- b. Offering of help.
- c. Thanks for help.

The Watcher then offers time for personal magick. By this point, the magickal space is usually quite humming and great for spellwork or meditation.

This gives members time to do their own work in an environment better than what most can create on their own. Members who still doubt their own abilities often find this as an advantage and feel more confident in working their personal magick.

In non-Sabbat rituals where there is no circle magick, the personal magick time is the emphasis of the ritual.

# Worship Chapter V

# V. Personal Magick

- a. Offering of time for personal magick.
- b. Close of time for personal magick.

The Watcher usually does not formally announce the close of personal time. It just fades out into the informalities as people are done with their personal magick.

Note: If someone happens to be done with personal magick much sooner than the rest, it is appropriate to show respect for others who are still working by being quiet.

Nothing works up an appetite like a good old-fashioned ritual. :-) The eating and socialization mark a grounding point after the heady magickal work. Enjoy it.

# Worship Chapter VI

#### VI. Informalities

- a. Feast of Grounding.
- b. Thanks to the Deities by the Watcher.
- c. Return of the space.

As the fires burn down and the wine is all but consumed, coven members filter out and go back to their normal lives. At the end of the evening, sometimes with the nudging of a tired Watcher, everyone leaves and the Watcher thanks the deities, returns the space to normal, and wanders off him or herself.

The ritual presented here is intentionally minimal to prevent it from being overwhelming to a person coming from eclectic solitary practice. As the coven matures it is acceptable to add formalities if desired. Charge of the Goddess, symbolic Great Rite, or a circle dance to raise energy could be easily integrated into circle practice.

# Summary

Dragon Tradition coven rituals are overseen by a person known as the Watcher.

It is the job of the Watcher to see that the agenda for ritual is being met, and to keep things moving smoothly.

There are no strict rules as to how ritual must be done.

Driving a Yugo to circle will give you a unique perspective.

Additional formality can be added as the coven matures.

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# Sabbats

Imbolc a.k.a. Imbolg

February 2<sup>nd</sup> – The middle of winter and the first hope of spring to arrive. Associated with Brigid, a Celtic goddess.

Spring Equinox a.k.a. Ostara

 $\sim$  March 21st – The beginning of spring, associated with fertility. Historically, Ostara is held on the first full moon following the equinox.

Beltane a.k.a. May Eve

April 30<sup>th</sup> – The peak of spring with a celebration of life, flowers and fertility.

Summer Solstice a.k.a. Midsummer

 $\sim$  June 21st – The beginning of summer, often seen as the peak of The Gods cycle.

Lammas a.k.a. Lughnasadh

August 1<sup>st</sup> – The middle of summer and the first harvest festivity. Associated with the Celtic God Lugh.

Autumn Equinox a.k.a. Mabon

~ September 21<sup>st</sup> – The beginning of fall and the main harvest. The major harvest and a time to give thanks.

Samhain (pronounced: sow'-in)

October 31st – The final harvest. A time to honor those passed and when the veils between the other worlds are the thinnest.

Winter Solstice a.k.a. Yule

~ December 21st – The beginning of winter, the longest night of the year. The burning of fires or Yule logs gives energy to the sun.

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#### **BOOK OF FOUNDATIONS**

#### **Foundations**

#### I. Beliefs

- a. People have a basic need to understand the world around them.
- People fit unproven explanations to things that cannot otherwise be explained.
- People call these unproven explanations their beliefs.
- d. People call their collection of beliefs their religion.

#### II. Gods and Goddesses

- People credit unexplainable events to magickal beings called Gods and Goddesses.
- b. People personify Gods and Goddesses as human or animal because it makes them easier to relate to.

#### III. Your Gods and Goddesses

- a. Religious truth is a contradiction. A religion is a collection of beliefs. Beliefs by definition are unproven, and are not truths.
- b. Religious truth is personal. What a person believes is true to him or her.
- c. The Gods a person chooses to believe in are his or her Gods. They are true to that person and no less true than any others.

#### IV. Other Gods

- a. The existence of The Goddess and The God does not exclude other Gods.
- b. The Gods a person believes in are true to them.

#### **BOOK OF BELIEFS**

#### **Beliefs**

# I. Life Spirits

- a. Everything of life has an individual spirit.
- b. Spirits are magickal and interconnected.
- Spirits have wisdom and skills of the physical world and the magickal world of nature.

# II. People's Magickal Abilities

- a. People are magickal beings with magickal abilities.
- Many people have lost touch with their magickal abilities because they ignore the existence of such abilities.
- c. A person's mind can use the connection of his or her spirit to communicate with others psychically.
- d. A person's mind can use the skills of his or her spirit with a source of energy to interact with life and nature in a nonphysical way which is called doing magick.
- e. A person's mind can use the connection of his or her spirit to petition Gods to do or assist with magick.

# III. Magick

- a. A person's life spirit is the source of magickal abilities.
- b. Learning magick is teaching your mind to communicate with your spirit.
- c. The spirit can also teach the mind about magick through intuition.

- d. Life spirits relate to images, patterns, and sounds.
- e. Tools provide the spirit with images.
- f. Rituals provide the spirit with patterns.
- g. Music provides the spirit with sounds.

# IV. Magick Systems

- Magick systems are composed of procedures and associations.
- b. The procedures of a magick system relate certain actions with specific goals.
- The associations of a magick system relate specific objects with specific goals.

# V. Magick and Results

- a. Magick is not an exact science.
- b. The results of magick can be unpredictable.
- c. Two instances of magick done exactly the same way can have amazing results one time and little result the next.

#### VI. Nature

- a. Nature has its own design needed to sustain itself.
- b. One of nature's designs is the cycle of life, which sustains the existence of life.
- c. Mankind's role is to function as a part of nature and to not imbalance it so that nature can be sustained.

#### BOOK OF ETHICS

#### **Ethics**

#### I. Ethics

- a. Every person is ultimately responsible for his or her actions.
- b. Ethics are a person's standards regarding conduct.
- c. Respect is to feel or show deferential regard for another.
- d. The balance of freedom and respect for others is the basis for determining personal ethics.

# II. Ethics and Magick

- a. Magick in itself is neither good nor evil.
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# III. Ethics and Responsibility

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- c. A person is primarily responsible for his or her quality of life.

#### **BOOK OF WORSHIP**

# Worship

- I. Creation of Magickal Space
  - a. Cleansing of the space.
  - b. Blessing of the space.
- II. The Magickal Ones
  - a. Welcome the quarters.
  - b. Welcome The Goddess and The God.
  - c. Welcome the personal Gods and Goddesses.
- III. The Moment
  - a. Align with the moment.
  - b. Remember the tradition.
- IV. Circle Magick
  - a. Call for help.
  - b. Offering of help.
  - c. Thanks for help.
- V. Personal Magick
  - a. Offering of time for personal magick.
  - b. Close of time for personal magick.
- VI. Informalities
  - Feast of Grounding.
  - b. Thanks to the Deities.
  - c. Return of the space.

# **GLOSSARY**

#### BELIEF

A belief is an idea that is accepted although it is unproven by science. People develop beliefs as a way to fit an explanation to things that they cannot comprehend or otherwise explain.

#### **CHURCH**

An organization defining a religion or denomination having a membership which share in the beliefs.

#### **COVEN**

A local group aligned with Dragon Tradition, or any local group practicing Wicca.

#### **DEITY**

Any Goddess, God or traditional element.

#### DOCTRINE

Doctrine is a body of tenets presented to others for acceptance or belief.

# GODDESSES / GODS

Goddesses and Gods are magickal beings. People credit magickal beings as the entities responsible for magickal events.

#### LIFE

Life is the individual spirit form of all entities currently and previously animated. Life is not the flesh of the living; it is the spirit of the living embodied in the flesh. When used as a collective term life refers to the combination of all life spirits.

#### MAGICKAL

Something relating to the practice of doing magick. For standardizing spelling in this book, it also refers to things beyond proven explanation.

#### MAGICK

The process of interaction with life and nature through nonphysical means.

#### NATURE

The entire Universe. Nothing is excluded even that which is man made. What a skyscraper is to people is no different than what an anthill is to ants.

#### **RELIGION**

A religion is a combination of beliefs shared by a group of people.

#### **RULES**

Something that someone else tells you to do... I. Which you would have done anyway (or) II. Which you won't do because you don't want to do it. This makes it totally unclear as to the purpose of having any rules at all.

#### WATCHER

A job title of a person who oversees a Dragon Tradition ritual. The role of the Watcher is to keep things moving and see that any agreed on agenda is met.

# Reprise

Credo of the "Eclectic Coven"

Fire light as flaming fingers consume the night.

Unwritten agendas played out by those gathered 'round the smoking logs.

Do what you feel, no rules, each a leader, and a follower, too.

Gathered in the name of good, while not fearing a misspoken word.

- Shawcaw June 2001

Church of Magick

www.ChurchOfMagick.com www.DragonTradition.com

NOTES:	

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